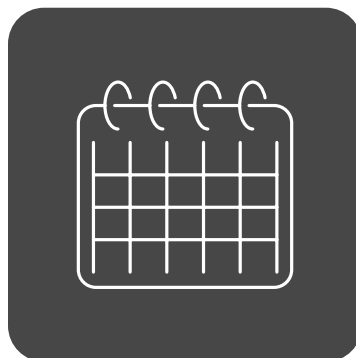


Aon Active Health Exchange™

# Quick Guide

Know how to find what you need—when you need it!



# Choose your benefits

Get ready now, enroll 23 October through 3 November

The Aon Active Health Exchange™ makes it easy to find the right fit.

Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



## Get up to speed

- Visit the Make It Yours website at [makeityours.us.slalom.com](https://makeityours.us.slalom.com).
- Watch quick videos to see what the exchange is all about.
- Compare the coverage levels side-by-side.
- Get to know the carriers through [Your Carrier Connection](#)—get overviews, compare features and services, and access preview sites to see provider networks and prescription drug information.



## Enroll

- Log on to the Thrive Benefits Portal at [benefits.us.slalom.com](https://benefits.us.slalom.com) and click **Enroll Now**.
- Get fast answers about the best medical options for your situation by sharing what's important to you.
- See how others evaluated the health insurance carriers by looking at carrier ratings for customer service, provider networks, and online experience.

Once you've completed your enrollment online, you can view your future coverages and follow-ups on a confirmation page. You can also view this information through the Thrive Benefits Portal any time before your benefits begin.



**Remember, you should enroll to make sure you get the coverage you want next year!** Not only could your needs have changed, but other things could have changed too—including your options and prices, the network of providers, and how your prescription drugs are covered. Additionally, in order to contribute to a:

- **Flexible Spending Account (FSA)**, you must make an active election.
- **Health Savings Account (HSA)** at the start of the year, you must make an active election. (You can stop, start, or change your HSA contributions at any time during the year.)

# Use your benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up to speed before your benefits take effect.



## Get the Inside Scoop

- Visit the Make It Yours website at [makeityours.us.slalom.com](https://makeityours.us.slalom.com).
- Get insider tips for “how to work the health care system” on many topics.
- Make the most of your benefits and your health care dollars.



## Manage your benefits

Log on to the Thrive Benefits Portal at [benefits.us.slalom.com](https://benefits.us.slalom.com).

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).
- Transfer existing HSA money to your new HSA.



## Stay in step with your carrier

Register on the [insurance carrier](#) member site (you can get to it from the Make It Yours website).

- Keep track of your provider bills and payments online (once your coverage begins).
- Take advantage of all that your carrier offers, which may include Telemedicine, health experts, and discount programs.



Once logged on to Thrive Benefits Portal at [benefits.us.slalom.com](https://benefits.us.slalom.com), look for the “Need Help?” icon to ask Lisa, your virtual assistant, any questions you may have. Lisa can also connect you with a web chat representative and other helpful resources. For additional support, you can schedule an appointment with a customer service representative through the Thrive Benefits Portal. You can also call the Slalom Benefits Support Center at **1.844.962.0173** from 8:00 a.m. to 6:00 p.m. PT, Monday through Friday.

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